



Newsletter

New Forest Dental Practice – September 2013



The best and cheapest dentistry is when the right thing is done extremely well the first time and it lasts a long time.

Lots to celebrate!

Our receptionist, Sue, celebrated her 60th birthday in January of this year with friends, family and her husband Chris. Celebrations did not stop there for these two as they enjoyed 40 years of marriage for their Ruby Wedding Anniversary in April. Sue and Chris tied the knot on 14 April 1973 in Hertfordshire and immediately left for Zambia where they spent their first 3 years of marriage. After returning to England they lived and worked in London before moving to Barton on Sea where they have been ever since, with both their sons growing up and

going to school here. More celebrations await them in September when their younger son, Rob, is getting married. Their elder son is already married and Sue is grandma to two gorgeous grandchildren.

Sue has worked for New Forest Dental Practice for 10 years and is a valuable member of our reception team.

After a day at work Sue can be seen walking her dog, Harvey, an apricot Standard Poodle, along the cliff top and on the common.

Congratulations

to

Rebecca Edmonds

*for passing her dental
nursing exam*

Cfast

Just think, in a few months you could be smiling like a star.

Fast - You could have straight teeth within six months.

Discreet - the wires and brackets are almost invisible.

Affordable - the short treatment time dramatically cuts the cost.

Cfast is a simple, gentle, minimally invasive cosmetic treatment that corrects alignment issues with the top and bottom front six teeth, and can level and round out the arches, thus satisfying the needs of the vast majority of adult patients who seek orthodontic treatment.

Cfast uses clear orthodontic brackets and tooth-colored nickel-titanium wires. The treatment works much like that using clear aligners, but tooth movement is much more predictable and usually more than twice as quick.

We have recently completed several cases including Lucy, our nurse. Ask her to show you her new smile.



In 6 months your teeth could be straightened, as this example shows

New Forest Dental Practice

1 Ashley Road
New Milton
BH25 7DE

Telephone: 01425 619616

E-Mail:

info@newforestdental.co.uk

Web Site:

www.newforestdental.co.uk

Remember to take a free tube of tooth paste from reception when leaving



Free

Denplan

Let us take care of you from £10.95 monthly

We have introduced a new Denplan payment scheme, Denplan Essentials. This enables you to budget costs in order to maintain your oral health at our private practice. Our affordable plans start from as little as £10.95 per month. This entitles you to an examination, scale & polishes every 6 months and a set of x-rays every 2 years. Denplan Essentials includes 10% off all treatments needed plus you will receive 24-hour worldwide dental injury and dental emergency cover.

Don't hesitate to ask for details.

What is Gingivitis?

Gingivitis means **inflammation** of the gums (gingiva). It commonly occurs because of films of bacteria that accumulate on the teeth - plaque; this type is called *plaque-induced gingivitis*. Gingivitis is a non-destructive type of periodontal disease. If left untreated, gingivitis can progress to periodontitis, which is more serious and can eventually lead to loss of teeth.

A patient with gingivitis will have red and puffy gums, and they will most likely bleed when they brush their teeth. Generally, gingivitis resolves with good oral hygiene - longer and more frequent brushing, as well as flossing. Some people find that using an antiseptic mouthwash, alongside proper tooth brushing and flossing also helps.

In mild cases of gingivitis, patients may not even know they have it, because symptoms are mild. However, the condition should be taken seriously and addressed immediately.

Visit your dentist and your hygienist regularly.

Botox - Turn your frown upside-down with our safe Botox treatment

Many people have Botox to regain a more youthful appearance. It is now a widely accepted treatment that is as common as going for a checkup. As well as your 6 month fix for a new youthful look, Botox can also be used for more than cosmetic reasons...

It can help with reduced migraines and perspiring problems. Botox can also help to relieve excessive sweating.

Book your appointment now

It's almost Christmas!

Why not get prepared? Treat yourself to a white smile for Christmas.

Teeth whitening is done at our practice in a safe and professional environment. We are fully qualified and registered to ensure your peace of mind. Teeth Whitening also makes an excellent Christmas or birthday present - *we sell gift vouchers*.

We are running a special offer on teeth whitening until 31st December 2013. Only £250.00 for upper and lower teeth which includes a home whitening kit.

In the surgery...



Many of our patients comment on how easily they can get in and out of new knee break chair. The unique, folding and extending leg rest provides unrivalled comfort and maximum access. We hope that this continues to make your experience a little more comfortable.



www.newforestdental.co.uk